

# EMPOWERING FAMILIES



## Our Mission

Our mission is to empower families so that they may access information on topics relating to their child's visual impairment, develop an awareness of services and resources available on a regional and national level and become more effective advocates for their child.

### What is "Empowering Families"?

This is an opportunity for families who have a child with vision loss (including those with additional disabilities) to listen to informational speakers, and to meet other families from across North Dakota and staff from North Dakota Vision Service/School for the Blind.

### What is the North Dakota School for the Blind Family Team?

Inspired by the National Association for Parents (and families) of Children with Visual Impairments (NAPVI), the Family Team's goal is to assist in connecting families who have children with vision loss across the state of North Dakota. We help to provide emotional support, advocate for the education and independence for children who are blind and visually impaired, and provide informational opportunities for families who have children with visual impairments or blindness.



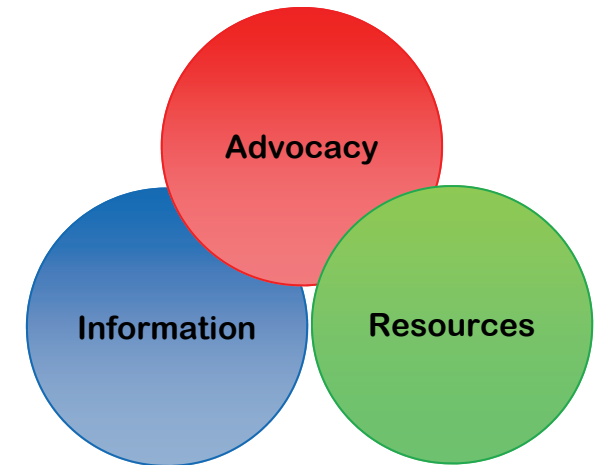
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Dr. Wayne G. Sanstead, State Superintendent

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North Dakota Vision Services/  
School for the Blind

Presents

## "EMPOWERING FAMILIES" Family Weekend



April 20-21, 2012

La Quinta Inn & Suites  
2240 N 12th St  
Bismarck, ND 58501  
701-751-3313

# EMPOWERING FAMILIES

## Friday, April 20, 2012

6:00 - 8:00 No Host Pizza Social & Family Swim

## Saturday, April 21, 2012

8:15 Check-in for children

8:45-9:00 Introductions

9:00-10:00 Daily Living Skills  
by Ken Dockter

10:00-10:15 Break

10:15-11:15 Parents Only Session

11:15-12:00 Dr. Nichol Dillavou, O.D.  
Bismarck Eyecare

12:00-12:30 Lunch at LaQuinta Inn & Suites

12:30-2:00 Panel Discussion on  
Family Dynamics

2:00-2:15 Break

2:15-3:15 Parents Only Session

3:15-3:30 Evaluations & Closing

**Registration Fee:** \$10 per adult attendee

Includes: Friday evening pizza social and family swim, Saturday day camp activities for the children, sessions and noon lunch.

Make checks payable to:  
ND School for the Blind  
Foundation/Family Team

### Accommodations:

La Quinta Inn & Suites  
2240 N 12th St  
Bismarck, ND 58501  
(701) 751-3313

A block of rooms is reserved under North Dakota School for the Blind. The rate is \$89/plus tax per night. Continental breakfast is available. Room will be available at this rate until March 30.

### Child Care:

Childcare will be provided on Saturday, April 21 by members of the North Dakota School for the Blind Family Team, NDVS/SB staff and volunteers.

Children 0-2 will be cared for at the hotel.

Children 3 & over will have activities provided at St. Anne Catholic Church. Entrance is on the south side of the building through the gymnasium.

St. Anne Catholic Church  
1321 Braman Ave  
Bismarck, ND 58501

## Dr. Nichol Dillavou, O.D.

Dr. Nichol Dillavou, OD is a graduate of Bismarck High School, Bismarck State College, North Dakota State University and completed her doctorate of Optometry at Nova Southeastern University in Fort Lauderdale, Florida in 2000. She has been in private practice for over eleven years with an emphasis on children's vision, vision therapy and helping those with special needs.

Dr. Dillavou is past president and board member of the BSC National Alumni Association. She was the Volunteer Clinical Director for the North Dakota Special Olympics Lions International Opening Eye's Program for eight years. She is currently a member of the American Optometric Association and participates in free eye examinations through the Vision USA and InfantSEE programs.



### Additional Information:

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